

## Brief History

How did Illinois CREDO Recovery get to Illinois?

CREDO Recovery was founded by Frank Rocks in 1994 and held it's first weekend for alcoholics and addicts in 1995. The movement remained in West Virginia, Maryland, and New Jersey. In 2005, CREDO Recovery expanded to Illinois. It was a God sent. John Halleran went to a convention in Williamsburg Virginia in August 2004. When he entered his hotel, a man approached him and began telling him about this CREDO movement. When John asked the man why he was singled out, the reply was that "God told him to tell the first person who came through that door about CREDO Recovery. John, a recovering alcoholic himself was impressed with what he heard and brought the ministry to Illinois. He built a team but had no candidates. John Grotjohn and Ed Caputo had been running weekends for men in a local rescue mission for two years. They had candidates but no team. Ed and John Halleran connected on the computer. They merged and the rest is history. In June 2005, the first CREDO Recovery Men's weekend occurred. Doug Hess was the team leader. In June 2006, the first CREDO Recovery women's weekend took place. Linda Mensching was the first team leader for the women.



## Illinois Credo Recovery

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ILLINOIS

**CREDO**

RECOVERY

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BREAKING THE CHAINS OF ADDICTION  
IN JESUS' NAME

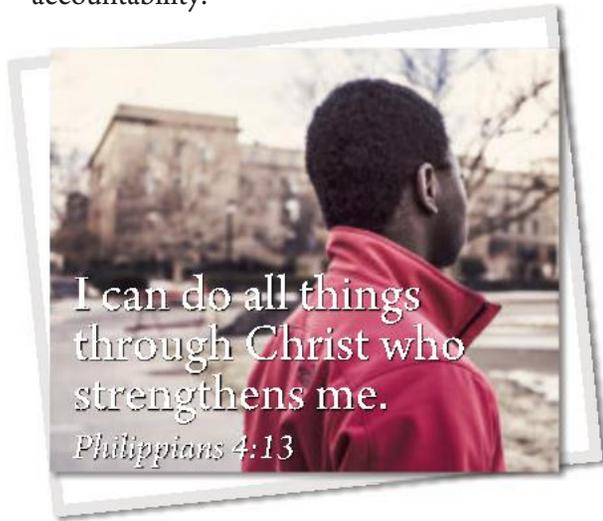
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*CREDO Volunteers  
walk alongside  
those who seek to stop  
addictive behavior  
as they encounter  
and follow Jesus.*

## The Credo Process For Recovery was Adapted from the Cursillo & Kairos Methods

There are 3 parts to the Credo Process:

- 1) A carefully trained team prepares to conduct a 72-hour period of initial instruction
- 2) The 72 hours of instruction are conducted on a weekend: beginning at 6:00pm Thursday and concluding at 6:00pm Sunday. The instruction is gender specific. Men teach men, and women teach women.
- 3) Weekly follow up meetings provide support and accountability.

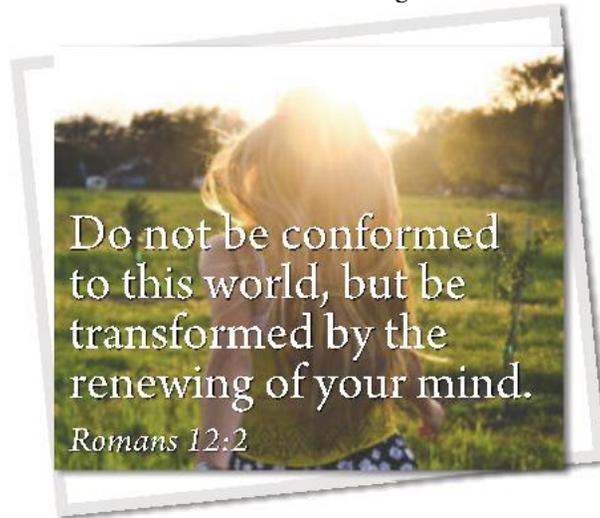


Many of the people that come to the Credo Recovery Weekend Instructions have felt that they were unable to break free from addictions, which had eroded their will and stolen their freedom.

However, during the Weekend each person is flooded with the amazing grace of God and nearly all recommit their lives to purpose and fulfilment and begin making honest steps toward recovery and transformation.

Invariably, during the Weekend Retreat, participants are awakened to the idea that addictions have oppressed their true desires, and affected their judgement. During those initial three days they recognize from the instruction and the testimonies of recovering addicts, that God is offering them a fresh start and holy solution - a new life. They realize that their hands, hearts, minds and attention have been warped by additions, addictions which have filled up the spaces where God's unconditional love is intended to flow.

As the participants begin to understand that God is offering them divine freedom, they take the tools offered during the Weekend Instruction and use them to achieve their break through.



After the initial Weekend Instruction, the Credo Community remains steadfastly loyal, providing the needed support and encouragement during weekly follow-up activities that are reassuring and encouraging.

*If you or someone you know can benefit from a Credo Recovery Weekend...*

Contact us as soon as possible either by phone or email.



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*Start on the road to recovery by walking with Jesus Christ.*